**Patient Name:** MAYFIELD, ANGELA

**Date of Birth:** 09/28/1966

**Date of Service:** 03/28/2022

**History of Present Illness:**  
This is a 56 year-old right hand dominant female who was involved in a motor vehicle accident on 03/14/2021. Patient states that she was a passenger with seat belt on of a vehicle, which was involved in a driver's side collision by a drunken driver. Patient injured Left Knee in the accident. The patient is here today for orthopedic evaluation. Patient has tried 5 months of PT.

The patient complains of left knee pain that is 8/10, with 10 being the worst, which is constant and dull in nature. The left knee pain radiates at times. Left knee pain increases with running, walking, exercise and bending. Left knee pain improves with ibuprofen.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None.

**Allergies:**  
No known drug allergies

**Social History:**  
Patient works as project manager.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 5 inches tall weighs 170 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal. **Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed tenderness on palpation in medial joint line. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was present. Valgus & Varus stress test was stable. McMurray's test is positive on medial left knee. Range of motion Flexion 130 degrees(150 degrees normal ) Extension 0 degrees(0 degrees normal )

**Diagnostic Imaging:**  
01/11/2021 - MRI of the left knee reveals medial meniscal tear involving the junction of the posterior horn and body. There is a vertical tear. Small joint effusion. Small popliteal cyst.

**Assessment and Plan:**  
Diagnosis: Medial meniscal tear, left knee   
Plan: Recommend left knee arthroscopy.

The patient has failed conservative management which has included physical therapy, oral medications. The MRI was reviewed with the patient as well as the clinical examination findings. I have gone over all treatment options with the patient. At this time, I have discussed the benefits and risks of Left knee arthroscopy, chondroplasty, synovectomy, partial vs total meniscectomy and all other related procedures with the patient. I answered all their questions in regards to the procedure.

The patient’s Left Knee was examined   
MRI of the Left Knee was reviewed.   
The patient at the present time is advised to undergo medical clearance.  
Patient is to return to the office in 2 weeks postop.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**